Structural Brain Changes in Pre-Clinical FTD MAPT Mutation Carriers


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Accepted 9 March 2020

Abstract

Background: Frontotemporal dementia (FTD) is the second most common cause of early-onset neurodegenerative dementia. Several studies have focused on early imaging changes in FTD patients, but once subjects meet full criteria for the FTD diagnosis, structural changes are generally widespread.

Objective: This study aims to determine the earliest structural brain changes in asymptomatic MAPT MUTATION carriers.

Methods: This is a cross-sectional multicenter study comparing global and regional brain volume and white matter integrity in a group of MAPT mutation preclinical carriers and controls. Participants belong to multiple generations of six families with five MAPT mutations. All participants underwent a medical examination, neuropsychological tests, genetic analysis, and a magnetic resonance scan (3T, scout, T1-weighted image followed by EPI (BOLD), MPRAGE, DTI, FLAIR, and ASL sequences).

Results: Volumes of five cortical and subcortical areas were strongly correlated with mutation status: temporal lobe (left amygdala, left temporal pole), cingulate cortex (left rostral anterior cingulate gyrus, right posterior cingulate), and the lingual gyrus in the occipital lobe. We did not find significant differences in whole brain volume, white matter hyperintensities volume, and white matter integrity using DTI analysis.

Conclusion: Temporal lobe, cingulate cortex and the lingual gyrus seem to be early targets of the disease and may serve as biomarkers for FTD prior to overt symptom onset.

Keywords: Atrophy, brain atrophy, early detection, frontotemporal lobar degeneration, MAPT mutation

INTRODUCTION

Frontotemporal dementia (FTD) is the second most common cause of early-onset neurodege-
neurodegenerative diseases and to measure biological change over time [4]. Several studies have focused on early imaging changes in FTD patients [5–10], but once subjects meet full criteria for FTD diagnosis, structural changes are generally widespread [11].

Studying mutation carriers who are asymptomatic or transitioning from asymptomatic to symptomatic (what we will refer to as “preclinical”) [12] may allow for characterization of the earliest neuroimaging changes in disease [13–17].

Studies specifically addressing preclinical neuroimaging features in MAPT mutation carriers are scarce. Some studies [18, 19] have demonstrated early insular atrophy, and others early medial temporal degeneration [20, 21]. Also, some studies have reported early white matter changes in preclinical FTD patients [22–25], but those performed specifically in MAPT mutation carriers have not [26]. Our institution has access to a relatively large, broadly phenotyped group of MAPT mutation carriers and familial matched controls that brings the opportunity to study early imaging changes in a well characterized population to address the inconsistencies found in previous studies. With that purpose, we compare cortical and subcortical gray matter volumes as well as white matter hyperintensities and tract-integrity between MAPT mutation carriers and demographically-matched familial controls.

**MATERIALS AND METHODS**

**Participants**

Participants were recruited from an active, longitudinal research protocol (R01NS076837) that includes multiple generations of six families with MAPT mutations: V337M (c.2014G>A), P301L (c.1907C>T), Exon 10 + 14 C>T, Exon 10 + 15 C>T, and Exon 10 + 16 C>T. Members of these families live throughout areas of the United States and Europe. Those who consented to participate in the study were followed at Columbia University Medical Center, the University of Michigan, and the Dublin Neurological Institute.

Sixty subjects were enrolled and 56 completed the baseline visit, during which genetic, biological, neuroimaging, and clinical data were collected. Four subjects did not complete the study due to rejection to undergo all the exams. No imaging studies were rejected for the analysis due to quality issues. Sample characteristics are displayed in Table 1.

**Clinical assessments**

Most participants, and investigators whenever possible, were blind to carrier status. A full history and physical and neurological examination was performed by one of the study physicians at the enrolling clinical site. The Clinical Dementia Rating (CDR) Scale, including the language and behavior components (CDR® Plus NACC FTLD), as well as cognitive, behavioral, and psychiatric measures was completed as part of this evaluation (Table 1). Informants provided input for the clinical assessment and participated in the completion of behavioral interviews administered by the study coordinator. Participant cognitive status was characterized using tests from the National Alzheimer’s Coordinating Center (NACC) UDS 2.0 Neuropsychological Battery and NACC UDS 2.0 FTLD Module. This evaluation included assessment of memory function (Mini-Mental State Examination, Selective Reminding Test immediate and delayed recall, Selective Reminding Test discriminability index), verbal function (categorical fluency, Boston Naming Test, Controlled Oral Word Association (COWA)), visual cognition (Benson figure), executive function (Trail A, Trail B, COWA, 20 Q’s, Design Fluency, Graphic Pattern Generation), social abilities (Social Norms Questionnaire 22, Empathic Concern Score, Perspective Taking Score, Revised Self-Monitoring Scale), other frontal lobe functional tests (Remote Associates Test) as well as depression and anxiety (Neuropsychiatric Inventory).

**Genetic analysis**

Blood was collected through standard phlebotomy procedures at the Columbia University Medical Center (Irving Center for Clinical and Translational Research), University of Michigan, and the Dublin Neurological Institute. Fifteen cc of blood were collected, including citrate tubes for DNA isolation and heparin tubes for plasma isolation. DNA was prepared from whole blood using standard protocols in the Columbia Human Genetics Resources Core. Polymerase chain reaction (PCR) and amplification were performed in all samples. The PCR and sequencing primers used for amplification and sequencing were designed using the software Primer 3 (http://frodo.wi.mit.edu/primer3/). Cycle sequencing in forward and reverse directions was performed on purified PCR products and run on an ABI 3730 genetic analyzer (Applied Biosystems,
Table 1
Demographic information about age, gender, and education. Results of neuropsychological tests adjusted (by age, gender, and education). By Fisher exact test/2-sided Wilcoxon test, there is not significant difference of age, gender, and education between carriers and non-carriers

<table>
<thead>
<tr>
<th>Clinical features</th>
<th>Non-carrier (n = 44)</th>
<th>Carrier (n = 12)</th>
<th>Carrier (CDR 0) (n = 6)</th>
<th>Carrier (CDR 0.5) (n = 6)</th>
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<tbody>
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<td>Gender</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Female</td>
<td>24 54.55%</td>
<td>8 66.67%</td>
<td>4 66.67%</td>
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<tr>
<td>Male</td>
<td>20 45.45%</td>
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<tr>
<td>Mean SD</td>
<td>Mean SD</td>
<td>Mean SD</td>
<td>Mean SD</td>
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<tr>
<td>Age</td>
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<td>39.00 11.52</td>
<td>15.17 2.40</td>
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<td>15.25 2.14</td>
<td>15.33 2.07</td>
<td>15.17 2.40</td>
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<td>Neuropsychiatric tests</td>
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<td>Mean SD</td>
<td>Mean SD</td>
<td>Mean SD</td>
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<td>-1.18 1.3</td>
<td>-1.12 1.77</td>
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<tr>
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<tr>
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<td>-2.67 1.94</td>
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<td>-3.86 1.11</td>
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<td>SRT1</td>
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<td>32.47 19.87</td>
<td>50.42 4.34</td>
<td>14.52 8.73</td>
</tr>
<tr>
<td>SRT2</td>
<td>48.33 8.81</td>
<td>37.62 18.22</td>
<td>53.26 6.16</td>
<td>21.98 10.26</td>
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<td>MMSE</td>
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<td>0.25 1.13</td>
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<td>-1.32 1.27</td>
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<td>-2.28 1.01</td>
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<td>Trail-A (Z-score)</td>
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<td>-1.09 1.41</td>
<td>-0.48 0.44</td>
<td>-1.69 1.82</td>
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<td>Trail-B (Z-score)</td>
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<td>BNT (Z-score)</td>
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<td>20 Q’s</td>
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<td>10.17 3.33</td>
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<td>310.9 206.7</td>
<td>261.0 155.9</td>
<td>360.2 256.4</td>
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</table>

NPI*, Neuropsychiatric Inventory. *3 non-carriers with CDR 0 (ES012, ES024, ES036) and 1 carrier with CDR 0 (ES038) do not have NPI-Q data.

SNQ22, Social Norms Questionnaire (Z-score); EC, Interpersonal Reactivity Index Empathic Concern Score (Z-score); PT, Interpersonal Reactivity Index Perspective Taking Score (Z-score); RSMS, Revised Self-Monitoring Scale (Z-score); SRT1, Immediate Recall T-score (total score); SRT2, Delayed Recall T-score (total score); MMSE, Mini-Mental State Examination Total score (Z-score); Cat.F, Animals, Category Fluency for Animals (Z-score); Trail-A, Trail Making Test part A (Z-score); Trail-B, Trail Making Test part B (Z-score); BNT, Boston Naming Test (Z-score); CFL, Controlled Oral Word Association (COWA) Test using C, F, and L; SRT, Selective Reminding Test Discriminability index; 20 Q’s, 20 questions from DKEFS Total Weighted Achievement - Scaled Score; RAT, Remote Associates Test Total Score; DF, Design Fluency total correct score; GPG1, Graphic Pattern Generation Perseveration Distance; GPG2, Graphic Pattern Generation Perseveration Time (in seconds), NPI, Neuropsychiatric Inventory.

Foster City, CA)). Sequence chromatograms were viewed and genotypes determined using Sequencher (Genecodes). Samples were stored frozen at –80°C. Subjects did not receive DNA results as part of the current study. Patients were screened for mutations in other genes associated with FTD besides MAPT.

Imaging procedures

A number of imaging modalities were acquired during a 1 h magnetic resonance (MR) scan performed in NY and Dublin in a 3.0T Philips Achieva Quasar Dual Magnet using a 240 mm field of view.
A scout, T1-weighted image was first acquired to determine patient position, followed by echo planar imaging (blood oxygenation level dependent), magnetization-prepared rapid acquisition with gradient echo (MPRAGE), diffusion tensor imaging (DTI), fluid-attenuated inversion recovery (FLAIR), and arterial spin labeling sequences. The following parameters were used:

* T1-weighted: repetition time = 20 ms, echo time = 2.1 ms, field of view = 240 cm, and 256 ± 160 matrix with 1.3 mm slice thickness.
* FLAIR: repetition time = 11,000 ms, echo time = 144.0 ms, inversion time = 2800 ms, field of view = 25 cm, 2 NEX, and 256 ± 192 matrix with 3 mm slice thickness.
* DTI: repetition time = 11032 ms, echo time = 69 ms, acquisition time 6 mins, slice thickness 2 mm.

A neuroradiologist reviewed each subject’s MRI scan for clinical abnormalities. Scanning procedures were standardized between all centers using methods previously described [27] conducted in person by a radiologist from CUMC. Structural imaging measures of global and regional brain volume were derived from each individual’s T1-weighted MPRAGE image using Freesurfer software (http://surfer.nmr.mgh.harvard.edu/). For brain volume calculations, we used the procedures of Walhovd et al. [28] to automatically assign a neuroanatomical label to each voxel, with results comparable to manual labeling. From this labeling, volumetric regions of interest (ROIs) were defined. The calculated volume within each region was adjusted for variations in individual global brain volume with a measure of total intracranial volume (TIV). We decided to compare values of all the different areas, without defining ROIs a priori. This method allows an unbiased assessment of patterns of atrophy across the whole brain without limiting the number of potential measurements performed in the study [29]. In order to measure white matter hyperintensities, each participant’s FLAIR image was skull stripped and after, voxel intensity values of the remaining image were analyzed using a Gaussian curve. Hyper-intense voxels were defined using a threshold of 2.1 SD above the mean intensity. They were labeled and measured in cubic centimeters multiplying the number of voxels for the voxel’s dimensions.

DTI data was processed in FMRIB’s Diffusion Toolbox (FDT), distributed as part of FMRIB’s Software Library [30], by first preprocessing with eddy-current correction followed by fitting of the DTI model to the preprocessed data. To align all subjects into the same common space, tract-based spatial statistics [31] was run on the fractional anisotropy (FA) maps using the nonlinear registration tool FNIRT [32, 33] and then the mean FA image was created and thinned to create a mean FA skeleton, representing the centers of all tracts common to the group. Each subject’s aligned FA data was then projected onto this skeleton and created a skeletonized map per subject. To extract 20 tracts of interest, Johns Hopkins University (JHU) white matter tractography atlas [34] was used as masks to obtain the mean FA for each tract for each participant.

Statistical analysis

For statistical analysis, stats (v 3.3.0), glmnet (v 2.5.0) [35], and pROC (v 1.9.1) [36] packages implemented in R (v 3.3.1) were used. As a primary analysis, we hypothesized group differences in 16 bilateral subcortical, 68 bilateral cortical ROI volumes, and 5 white matter hyperintensity volumes (frontal, temporal, parietal, occipital, and basal ganglia). The volumetric measures were corrected for age and TIV. Group comparison between mutation carriers and non-carriers was conducted using Wilcoxon test followed by multiple comparison correction controlling for false discovery rate [37]. Wilcoxon test analysis followed by multiple comparison was also performed for each ROI for both CDR 0 and CDR 0.5 carriers, residualized for age and TIV. Regarding DTI results, group analysis was conducted on the mean FA for the 20 tracts to compare carriers versus non-carriers. Age was included as a covariate to remove the confound of age and correction for multiple comparisons was performed using the false discovery rate [37].

We also evaluated discriminability of the volumes using penalized logistic regression with elastic-net [38] and receiver operating characteristic (ROC) analysis, adjusted by clinical covariates. To select tuning parameters for elastic-net, leave-one-out cross
validation was used ($\alpha = 1, \lambda = 0.0469$). We did a 500 iteration bootstrapping to calculate the consistency of selecting each of the ROIs into the multivariate model.

**RESULTS**

We analyzed data from 56 participants belonging to five families carrying MAPT mutations. Twelve subjects were determined to be carriers of the following mutations: P301L (one subject), Exon 10 + 16 C>T (one subject), Exon 10 + 15 C>T (two subjects), V337M (c.2014G>A) (four subjects), and Exon 10 + 14 C>T (four subjects). Forty-four subjects were non-carriers. Demographic characteristics of the sample and performance in neuropsychological testing are displayed in Table 1. Subjects were considered preclinical if they did not fulfill FTD diagnostic criteria. We use the term “preclinical” rather than “presymptomatic” as this group includes those that scored 0 and 0.5 in CDR. CDR = 0 carriers had no cognitive or behavioral impairment, but all CDR = 0.5 carriers had one or more abnormal neuropsychological score, and most also had questionable or mild behavioral impairment as indicated on the Behavior, Comportment, and Personality rating of the CDR Supplementation scores (FTLD-CDR) [39]. However, as these abnormalities were considered as questionable by raters and they did not fulfill diagnostic criteria for FTD, patients with CDR score of 0.5 were included in the preclinical group. There were no significant differences in age, gender, and years of education between the groups.

For each ROI, Freesurfer-derived raw volumes were converted to percentage of TIV prior to the analyses. The resulting data were analyzed using two models, a Wilcoxon analysis and a multivariate elastic-net model. In Wilcoxon analysis, 32 of 89 measures show significant between-group differences after multiplicity adjustment (Table 2), including caudate, putamen, hippocampus, amygdala, nucleus accumbens, and several regions of the frontal and temporal lobes. Over 500 iteration bootstrapping, five measures were constantly selected (with over 80% selection rate), demonstrating a potential strong association with mutation status (Table 2, Fig. 1). These five ROIs are left amygdala (selection percentage 0.83), rostral anterior cingulate (selection percentage 0.91), posterior cingulate (selection percentage 0.81), temporal pole (selection percentage 0.92), and lingual volume (selection percentage 0.83). Among these five, the lingual area and posterior cingulate did not come out significant in Wilcoxon’s test, likely because they are only strong predictors of mutation status when other ROIs are controlled. No significant difference was found in whole brain volume between mutation carriers and non-carriers. Results remained the same after recalculating bilateral selection percentage over 500 bootstrap iterations as when considering both hemispheres separately. Therefore, for those ROIs, the left and right sides were not competing. When considering the sum of ROIs on both sides, four measures were selected over 80% selection rate: white matter hyperintensities in the occipital lobe (selection percentage 0.862), temporal pole volume (selection percentage 0.97), lingual volume (selection percentage 0.876), and posterior cingulate volume (selection percentage 0.84).

We performed a subgroup analysis comparing CDR 0 and CDR 0.5 carriers (2-sided Wilcoxon Test after adjustment for multiple comparisons). We found significant differences in 18/89 measures after multiplicity adjustment with larger volumes in CDR 0 subgroup (shown in Table 3 with an *, values available in the Supplementary Table 1). Most of these ROIs are the same that were significantly different between carriers and non-carriers. Only left superior frontal gyrus (CDR0 = 1.26 versus CDR0.5 = 0.97, $p = 0.04$) and right precentral gyrus (CDR0 = 0.77 versus CDR0.5 = 0.63, $p = 0.049$) showed differences between CDR subgroups that were not present when comparing carriers and non-carriers. These results should be considered with caution, as the number of subjects for the subgroup analysis is very low.

We did not find significant differences between carriers and non-carriers in the volume of white matter hyperintensities. There was only a weak difference after adjusting results by age and TIV, which did not survive after adjustment for multiple comparisons and elastic-net analysis (Table 2). We found a significant difference for white matter hyperintensities in the basal ganglia between CDR 0 and CDR 0.5 preclinical carriers (CDR 0 = 2.69E–05 versus CDR 0.5 = 4.49E–06; $p = 0.03$) after adjustment for multiple comparisons.

DTI measures were available for 9 carriers and 40 controls due to technical issues during the neuroimaging exam. After comparing DTI results between groups, we found significant differences between carriers and non-carriers for the left cingulate at the cingulate gyrus ($0.579 \pm 0.055$ versus $0.609 \pm 0.034$; $p = 0.041$), right cingulum at the cingulate gyrus
Wilcoxon analysis and multivariate Elastic-net analysis. In Wilcoxon analysis 32/89 measures show significant between group differences after multiplicity adjustment. In Elastic-net model, 10/89 ROIs are selected into the model. Over 500 iteration bootstrapping, 5 measures are constantly selected (with over 80% selection rate) demonstrating a potential strong association with mutation status. The column ‘Either’ is a surrogate measure of the % selection for either left or right hemisphere of the specific ROI. When considering bilateral selection %, results remain the same as considering both hemispheres separately.

Table 2

<table>
<thead>
<tr>
<th>Region</th>
<th>2-sided Wilcoxon test results</th>
<th>Percentage of selection over 500 Bootstrap iterations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Raw data</td>
<td>multiple adjustment: FDR (HL:&lt;0.05)</td>
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<td>Frontal_lobe</td>
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<td>0.1909</td>
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<td>Temporal_lobe</td>
<td>0.0515</td>
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<tr>
<td>WMH_Basal_ganglia*</td>
<td>0.1494</td>
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Gray matter

<table>
<thead>
<tr>
<th>Region</th>
<th>Left</th>
<th>Right</th>
<th>Left</th>
<th>Right</th>
<th>Either</th>
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<td>Thalamus.</td>
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<td>Hippocampus</td>
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<td>Banks of superior temporal sulcus</td>
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<td>0.0131</td>
<td>0.0488</td>
<td>0.0166</td>
<td>0.168</td>
</tr>
<tr>
<td>Lingual gyrus</td>
<td>0.6012</td>
<td>0.9443</td>
<td>0.9399</td>
<td>0.5813</td>
<td>0.440</td>
</tr>
<tr>
<td>Medial orbitofrontal</td>
<td>0.0305</td>
<td>0.0427</td>
<td>0.0488</td>
<td>0.0736</td>
<td>0.326</td>
</tr>
<tr>
<td>Middle temporal</td>
<td>0.0050</td>
<td>0.0030</td>
<td>0.0281</td>
<td>0.0125</td>
<td>0.200</td>
</tr>
<tr>
<td>Parahippocampal gyrus</td>
<td>0.0515</td>
<td>0.2677</td>
<td>0.4088</td>
<td>0.522</td>
<td></td>
</tr>
<tr>
<td>Paracentral gyrus</td>
<td>0.1438</td>
<td>0.2805</td>
<td>0.2230</td>
<td>0.5165</td>
<td>0.448</td>
</tr>
<tr>
<td>Pars opercularis</td>
<td>0.1291</td>
<td>0.1438</td>
<td>0.1932</td>
<td>0.2099</td>
<td>0.372</td>
</tr>
<tr>
<td>Pars orbitalis</td>
<td>0.0103</td>
<td>0.0504</td>
<td>0.0166</td>
<td>0.1299</td>
<td>0.544</td>
</tr>
<tr>
<td>Pars triangularis</td>
<td>0.2120</td>
<td>0.0918</td>
<td>0.2716</td>
<td>0.2879</td>
<td>0.284</td>
</tr>
<tr>
<td>Pericalcual gyrus</td>
<td>0.2463</td>
<td>0.3229</td>
<td>0.6757</td>
<td>0.5165</td>
<td>0.216</td>
</tr>
<tr>
<td>Postcentral gyrus</td>
<td>0.5605</td>
<td>0.3229</td>
<td>0.6634</td>
<td>0.5884</td>
<td>0.122</td>
</tr>
<tr>
<td>Post. cingulate gyrus§</td>
<td>0.7007</td>
<td>0.8981</td>
<td>0.9764</td>
<td>0.9294</td>
<td>0.448</td>
</tr>
<tr>
<td>Precentral gyrus</td>
<td>0.3899</td>
<td>0.1317</td>
<td>0.4089</td>
<td>0.1362</td>
<td>0.224</td>
</tr>
<tr>
<td>Precuneus</td>
<td>0.3683</td>
<td>0.2084</td>
<td>0.2517</td>
<td>0.2279</td>
<td>0.222</td>
</tr>
<tr>
<td>Rost. ant.cing. gyrus*</td>
<td>0.0022</td>
<td>0.1170</td>
<td>0.0042</td>
<td>0.2056</td>
<td>0.912</td>
</tr>
<tr>
<td>Rostral mid.frontal gyrus**</td>
<td>0.0879</td>
<td>0.0305</td>
<td>0.0405</td>
<td>0.0159</td>
<td>0.100</td>
</tr>
<tr>
<td>Superior frontal gyrus</td>
<td>0.0619</td>
<td>0.0613</td>
<td>0.0837</td>
<td>0.0562</td>
<td>0.086</td>
</tr>
<tr>
<td>Superior parietal gyrus</td>
<td>0.1383</td>
<td>0.5605</td>
<td>0.0794</td>
<td>0.4154</td>
<td>0.102</td>
</tr>
<tr>
<td>Sup. temporal gyrus†</td>
<td>0.0102</td>
<td>0.0068</td>
<td>0.0159</td>
<td>0.0141</td>
<td>0.196</td>
</tr>
<tr>
<td>Supramarginal gyrus</td>
<td>0.4352</td>
<td>0.0131</td>
<td>0.6757</td>
<td>0.0488</td>
<td>0.414</td>
</tr>
<tr>
<td>Frontal pole</td>
<td>0.7494</td>
<td>0.2048</td>
<td>0.6757</td>
<td>0.4089</td>
<td>0.506</td>
</tr>
<tr>
<td>Temporal pole</td>
<td>0.0018</td>
<td>0.0195</td>
<td>0.0159</td>
<td>0.0313</td>
<td>0.924</td>
</tr>
<tr>
<td>Transverse temporal gyrus</td>
<td>0.0704</td>
<td>0.4236</td>
<td>0.1360</td>
<td>0.7736</td>
<td>0.654</td>
</tr>
<tr>
<td>Insula</td>
<td>0.0260</td>
<td>0.0208</td>
<td>0.0159</td>
<td>0.0483</td>
<td>0.324</td>
</tr>
</tbody>
</table>

The 5 ROIs are: left amygdala, left rostral anterior cingulate, left temporal pole, right lingual gyrus, and right posterior cingulate gyrus. Among these 5, right lingual gyrus and right posterior cingulate did not come out significant in Wilcoxon’s test, probably because they are only a strong predictor of the mutation status when other ROIs are controlled. *White matter hyperintensities basal ganglia; †caudal anterior cingulate; ††inferior parietal gyrus; †‡inferior temporal gyrus; †§posterior cingulate gyrus; †‖rostral anterior cingulate gyrus; †‖‖rostral middle frontal gyrus; †‖‖‖superior temporal gyrus. ROIs that showed significant differences between CDR 0 carriers and CDR 0.5 carriers.
Fig. 1. Multivariate analysis: Elastic net. Percentage of selection over 500 Bootstrap iterations. In Elastic-net model, 10/89 ROIs are selected into the model. Over 500 iteration bootstrapping, 5 measures are constantly selected (with over 80% selection rate), demonstrating a potential strong association with mutation status. This is a recalculation of selection percentage based on the bootstrap results. The column ‘Either’ is a surrogate measure of the % selection for either left or right hemisphere of the specific ROI. When considering bilateral selection %, the results remain the same as considering both hemispheres separately. It could be shown from the graph that for those ROIs, the bilateral ROIs seems not competing with each other.

(0.531 ± 0.053 versus 0.562 ± 0.038; p = 0.045), and left cingulum at the hippocampus (0.522 ± 0.074 versus 0.563 ± 0.047; p = 0.039). However, after adjusting these results for age, the differences were no longer significant.

**DISCUSSION**

In this study, we report early structural changes in pre-clinical MAPT mutation carriers measured using voxel-based morphometry and DTI analysis. Prior to overt symptom onset, MAPT mutation carriers in our sample showed volume differences in almost 30% of the 89 regions explored, including basal ganglia (caudate, putamen), temporal lobe (in particular medial temporal lobe), and some areas of the cingulate gyrus and the medial frontal lobe. Most areas were equally affected in both hemispheres, with a symmetrical distribution that has been previously described in MAPT mutation patients [19, 40]. Using a much more restrictive statistical analysis five regions were consistently associated with mutation status including the left temporal lobe (left amygdala, left temporal pole), bilateral cingulate cortex (left rostral anterior cingulate gyrus, right posterior cingulate), and the lingual gyrus in the occipital lobe.

Until now, studies regarding early structural changes in asymptomatic MAPT carriers have shown...
inconsistent results: while several small case series
had reported neuroimaging differences in asymptom-
atic subjects, other studies did not find any
structural change [40, 41]. Those studies that found
differences point to early degeneration in the tempo-
ral lobe, medial frontal lobe, and cingulate cortex. An
earlier study, published in 2010 by Miyoshi et al. [21],
found the medial temporal lobe and cingulate gyrus
affected (hippocampal atrophy and striatal dopamin-
ergic dysfunction). The most recent work shows
also emerging grey matter temporal lobe changes
in \textit{MAPT} asymptomatic mutation carriers [42]. Our
results agree partially with these findings as well as
with the largest study in asymptomatic mutation car-
riers to date [19, 20], which found differences in
hippocampal and amygdala volumes as early as 15
years prior to expected symptom onset, in the tempo-
ral lobe 10 years before expected onset and in insula 5
years before expected symptom onset. However, after
correction for multiple comparisons, only changes in
the insular area remained significant. Ours study sup-
ports these previous results, confirming differences in
hippocampus, amygdala, the insular area, and tem-
poral lobe between carriers and non-carriers, which
survived correction for multiple comparisons. More-
ever, we found significant differences between basal
ganglia volume (caudate, putamen), some areas of
the frontal lobe, and the cingulate gyrus. Our results
survived multiple comparison correction even though
we applied a much more restrictive statistical method
in order to determine the strongest association with
mutation status. If we consider only the elastic-
net model results, the amygdala and temporal lobe
remain affected in our sample, whereas there were
no differences for hippocampus and insula volumes.
Considering that the insula was the last structure
affected in the GENFI study, it is possible that the
carriers in our cohort had not yet reached that stage of
progression. Both studies have important differences
regarding sample characteristics, statistical method-
ology, and imaging analysis. Our sample includes
fewer asymptomatic carriers than the GENFI study;
however, subjects came from only five families car-
rying five mutations, as opposed to the GENFI 17
different families of \textit{MAPT} carriers carrying ten dif-
ferent mutations. Considering that FTD is a protean
pathology [11] in which disease phenotypes may
vary substantially between families and individuals
with different mutations [43], our sample’s charac-
teristics can add to the body of knowledge currently
available. Regarding neuroimaging, our study was
performed at only three sites and we used only one
type of MRI scan, which increases the consistency
of the results. We examined the volume not only
of the brain lobes as a whole, but also of specific
areas in each lobe. Regarding white matter changes,
our results agree with the findings of the GENFI
cohort [26], which did not report any difference in
white matter hyperintensities either in clinical and
preclinical \textit{MAPT} mutation carriers when compared
to controls. Interestingly, our analysis was performed
using FLAIR sequence, which is the standard for the
study of white matter hyperintensities and is usu-
ally available in clinical practice, while the initial
GENFI cohort used T2-weighted images. Since white
matter hyperintensities do not reflect white matter
integrity, we performed DTI analysis in our sample,
where we did not find significant differences in our
groups after adjusting for age. Previous studies have
found white matter involvement in \textit{MAPT} mutation
patients [22–25], particularly in the uncinate fascicu-
lus [42, 44]. A recent study published in 2019 showed
disproportional volume loss of the right temporal
lobe and more fractional anisotropy decline in the
uncinate fasciculus of \textit{MAPT} carriers converting to
clinical FTD [45]. This study includes a follow-up
phase and compares converters, non-converters, and
non-carriers. Differences between groups were only
evident 2 years before symptom onset, while 4 years
before symptom onset these differences did not exist.
In our study we did not differentiate converters and
non-converters and we performed one cross-sectional
analysis, without controlling for time to onset. These
methodological disparities could explain the different
results regarding white matter integrity.
Studies performed in symptomatic subjects have
been much more numerous, although once the disease
is clinically noticeable, structural changes are gener-
ally widespread. Moreover, many of these studies are
performed in sporadic forms of the disease, which
can differ from genetic cases. However, neuropatho-
logical studies performed in sporadic FTD patients
who died early in the course of their illness [5] show
atrophy in some of the areas affected in our study:
the frontal lobe, the medial temporal lobe (hippocam-
pus, amygdala), and anterior cingulate gyrus. Some
authors studying specifically neuroimaging changes
in \textit{MAPT} mutation patients [8, 40] report predomi-
nant gray matter loss in the temporal lobe, particularly
the anterior and medial temporal lobe, with varying
degrees of frontal and parietal lobe involvement in
clinically diagnosed FTD. The orbitofrontal cortex,
ventral insula, and anterior cingulate have also been
found affected [7]. When subjects with mutations
in the MAPT gene show a widespread pattern of frontotemporal gray matter loss, the most severely affected regions are the anteromedial temporal lobes, suggesting that this may be the first area affected by the disease [8]. MAPT patients tend to show symmetric patterns of atrophy [46], with no differences between left and right hemisphere when comparing bilateral regions of interest. This is consistent with our sample of preclinical mutation carriers where most areas in both hemispheres were also equally affected, suggesting that the disease begins and progresses symmetrically.

Overall, the atrophy profile observed in MAPT patients involves a ventral orbitofrontal-medial temporal-ventral insula network [9]. Dysfunction of this network has been associated with poor performance on memory and naming, executive dysfunction, and language deficits, widely recognized in FTD [47]. Patients commonly develop semantic impairment later in the disease, as well as prominent episodic memory difficulties [9]. Other structures affected in our sample (amygdala and cingulate cortex) belong to the rostral limbic system, which has been suggested to underlie FTD symptoms [47]. This system integrates limbic structures with output-related structures: the amygdala processes the value of internal and external stimuli, represents that value in the form of emotion to the brain and associates this emotion to external stimuli. Moreover, the amygdala, in close connection with the ventromedial prefrontal and anterior cingulate cortices, contributes to other higher order functions such as decision-making, theory of mind, and emotional processing [48, 49], while the anterior section of the cingulate cortex detects conflict within ongoing information processing and integrates information from different structures of the circuit [50].

There is evidence that early changes in connectivity could precede the occurrence of regional atrophy. Some authors studied asymptomatic mutation carriers using functional neuroimaging and reported changes in connectivity, metabolic structure, and blood flow without structural changes [18], suggesting that structural imaging changes may appear after deficits in functional networks have been going on for some time. Alberici et al. [51] reported significant reductions of frontal lobe blood flow (dorsolateral frontal cortex, frontal poles, and mesial frontal cortex) in an asymptomatic P301L mutation carrier using SPECT, although these changes were not evident in structural brain imaging. Dopper and colleagues [41] reported frontal, posterior temporal, and parietal hypoperfusion in asymptomatic MAPT and GRN mutation carriers. Whitwell et al. [18] compared functional connectivity in MAPT mutation carriers, healthy controls, and bvFTD patients. Although there was no significant reduction of salience network connectivity in MAPT carriers, there was a suggestion of reduced connectivity in the anterior cingulate, one of the areas affected in our cohort’s MAPT mutation carriers. The aforementioned studies suggest that once changes are noticeable using structural neuroimaging, deficits in functional brain networks may have been going on for some time.

This study was performed in a well-characterized and broadly phenotyped group of asymptomatic MAPT mutation carriers and familial matched controls. We would like to remark the strength of our findings: MAPT carriers and controls were recruited from the offspring generation of only five families, and were matched by age and family for analyses. Age, sex, and education were included in all analyses as covariates to further reduce potential confounds. The differences we found between carriers and non-carriers survived multiple comparisons and elastic/net analysis. Nevertheless, there were limitations to our study. First, our cohort is small when compared to previous studies. Second, although none of our carriers met diagnostic criteria for FTD, some of them received a CDR score of 0.5 for questionable symptoms and it is arguable if we can describe these patients as pre-symptomatic or if defining an MCI-FTD stage subgroup could be more appropriate. A CDR 0.5 allows a suspicion of early dementia, meaning that the subject shows consistent changes in cognitive function or functional impairments, even if they do not fulfill diagnostic criteria for FTD. It would be also desirable to know the expected time to onset for each subject, as it was reported in previous studies, and it would also help clarify the meaning of the CDR 0.5 subjects in this sample. As the specific underlying mutation may affect the pattern of atrophy [40], a subgroup analysis would have been desirable, but this was not possible due to the size of our sample. Specifically, patients carrying IVS10 + 16, IVS10 + 3, N279K, and S305N mutations show the most severe grey matter loss in the anterior temporal lobe, especially the medial structures. Patients with P301L or V337M mutations also show severe gray matter loss in the anterior temporal lobe, but unlike in our study, with a relative sparing of the medial temporal lobe and greater atrophy observed in more inferior and lateral temporal regions [40]. In addition, there is evidence that P301L and V337M FTD...
patients exhibit severe atrophy of the basal ganglia, a finding that was observed in our cohort of MAPT mutation carriers as a whole. These differences in patterns of atrophy between MAPT mutations may be secondary to their effects in the splicing of exon 10 and in the structural and functional properties of the resulting tau protein [52]. Larger samples exploring how different mutations result in diverse atrophy profiles are needed.

In conclusion, this study provides additional data regarding early structural changes in a homogeneous sample of preclinical MAPT mutation carriers, adding to previous reports [20]. In our sample, atrophy was detected in preclinical mutation carriers compared to related non-carriers. Temporal lobe (left amygdala, left temporal pole), cingulate cortex (left rostral anterior cingulate gyrus, right posterior cingulate), and the lingual gyrus seem to be early targets of the disease. Regarding white matter, we did not find differences in white matter hyperintensities or DTI analysis after adjusting for age.

Although this cross-sectional study offers valuable information, we continue to follow these patients in a longitudinal study design so we can assess atrophy rates across time. The degree to which FTD spreads between neighboring regions of the brain versus following a functional network comprised of spatially separated brain regions is still under investigation.

ACKNOWLEDGMENTS

The authors wish to thank all family members enrolled in this research study, without whom this work would not have been possible.

This work was supported by the Association for Frontotemporal Degeneration, and the National Institute of Neurological Disorders and Stroke (NINDS) at the National Institute of Health (NIH) (R01NS076837).

Authors’ disclosures available online (https://www.j-alz.com/manuscript-disclosures/19-0820r2).

SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: https://dx.doi.org/10.3233/JAD-190820.

REFERENCES


